

# VOLLEYTOTS

## **Naples Juniors Volleyball**

Non-travel volleyball for

**Boys and girls 5-10 years of age**

We at Naples Juniors are so excited to bring to you the

**1<sup>st</sup> Volleytots program in Southwest Florida!!!**

This program was created based on the development of youth volleyball teams and coaches from Japan. Volleytots is designed to expose your player to the sport of volleyball. This program teaches motor skills and skill development using fun activities. It is our goal to see that those who participate in the Volleytots program will learn hand-eye coordination, volleyball specific movement, as well as the basic skills of passing, setting, hitting, and serving. The training in this program will systematically prepare young girls and boys to excel in any sport especially volleyball as they grow and develop.

The 1<sup>st</sup> session will start in January 2011 and will run for 8 weeks. The players will be in the gym twice a week for total of three hours per week. We are looking forward to working with your youth athlete and having a hand in their positive development!

### **Registration Date:**

December 5<sup>th</sup>

Naples High School Gym 12:00-3:00PM

**Cost: \$135**